

CLIENTS COME FIRST

Client First, Inc. of South Carolina e-Newsletter

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September is recognized as National Preparedness Month (NPM) and we all must prepare now for all types of emergencies that might befall us...flood, hurricane, tornado, fire, drought, other natural occurrences, and even terrorism. Whatever the emergency, we need...no we must...make sure we are prepared to survive as individuals and as a community. There are a number of websites that provide a wealth of information on how to do that. Don't wait start preparing today! Communication is an important part of this preparation. Talk with your family, your employer, your children's school, your neighbors to find out how they are going to handle different types of emergencies and to see how you all can work together to make the process easier. Make a plan and make sure everyone in your family knows it...make sure you have a relative outside your immediate area that all can contact if you get separated. Don't panic...be prepared!! Communications is the key! Have your get out of town bags packed now and in a place easy to grab. Make sure your car even has its own emergency kit. Ready.gov is full of tips and how to implement your plans.

Don't wait...don't think you have time...don't think it would never happen here or to you...IT CAN

Resources:

- www.ready.gov
- www.fema.gov
- www.cdc.gov
- www.redcross.org
- www.nws.noaa.gov/

AND MOST LIKELY IT WILL!



Suggested Food Supplies to have on Hand in an Emergency!!

- Ready-to-eat canned meats, fruits, vegetables
- Jerky
- Protein or fruit bars
- Dry cereal or granola...individually packaged
- Peanut butter
- Dried fruit
- Nuts
- Crackers...no salt
- Canned juices
- Non-perishable pasteurized milk
- High energy foods
- Vitamins
- Food for infants
- Comfort/stress foods....Ladies don't forget can opener and most of all DO NOT FORGET THE

CHOCOLATE!!!!!!! 😊



Need help in building your emergency kit? Here are some items that you might want to include! You will think of many other things that I haven't listed but this may give you a start.

Bag One: Medical

- Adhesive bandages in a variety of sizes
- Antacid
- Antibiotic ointment
- Antibiotic towelettes
- Anti-diarrhea medication; stomach distress meds
- Anti-itch medications
- Aspirin or non-aspirin pain reliever; children's fever meds
- Burn ointment
- Cough Medicine, throat lozenges, other cold meds; children's cold meds
- Denture needs; Toothpaste, toothbrushes, mouthwash, floss
- Diaper rash ointment; baby wipes
- Emergency reference material such as a first aid book or free information from this web site.
- Eye wash solution to flush the eyes or as general decontaminant; eye drops for irritated eyes
- Feminine supplies and personal hygiene items
- First aid kit (packed in a tight weatherproof container)
- Ice packs (break to cold)
- Latex or other sterile gloves
- Laxative
- Peroxide/alcohol wipes
- **Prescribed medical supplies** such as glucose and blood pressure monitoring equipment and supplies
- **Prescription medications** you take every day such as insulin, heart medicine and asthma inhalers. You should periodically rotate medicines to account for expiration dates.
- Scissors
- Sterile dressings to stop bleeding
- Thermometer
- Tube of petroleum jelly or other lubricant
- Tweezers

Bag Two: The Rest....

- Books, games, puzzles or other activities for children
- Bottles for baby/ baby foods/ formula/diapers
- **Cell Phones** with chargers both electric and car plug; an inverter; extra cell phone batteries
- Clothing...several sets to include long pants, long shirts, sturdy shoes, rain jacket, winter or heavy coat...several pairs of socks...gloves if it is cold outside....hat to keep sun off
- Compass and GPS
- **ID card**, with emergency phone number contact info & medication/allergy information--Important family documents such as copies of insurance policies, identification and bank account records in a waterproof, portable container.
- Mess kits, paper cups, plates, bowls, paper towels and plastic utensils, Trash bags – heavy duty
- Moist towelettes, regular garbage bags and plastic ties for personal sanitation...urinals for men and women
- Nonperishable foods/drinks/snacks (protein bars/jerky/tuna packs/can sausages/crackers/can cheese, etc.) for a week
- Pen & paper (a china marker writes on anything!); extra batteries all sizes
- Powdered milk/ boxed milk/drinks
- **Radio**: Battery-powered or hand crank radio and a NOAA Weather Radio with tone alert and extra batteries for both; CB (Note: steel whip CB antennas can be dangerous out on the trail)
- Sleeping bag or warm blanket for each person. Pillows. Consider additional bedding if you live in a cold-weather climate.
- **Spare key** for car kept on your person
- Sunscreen/insect repellent
- **Water, one gallon of water per person per day for at least four days or more**, for drinking and sanitation



PET CORNER:

Prepare Emergency Supplies and Traveling Kits

<http://www.asPCA.org/pet-care/general-pet-care/disaster-preparedness> for more information.

If you must evacuate your home in a crisis, plan for the worst-case scenario. Even if you think you may be gone for only a day, assume that you may not be allowed to return for several weeks. When recommendations for evacuation have been announced, follow the instructions of local and state officials.

To minimize evacuation time, take these simple steps:

- Make sure all pets wear collars and tags with up-to-date identification information. Your pet's ID tag should contain his name, telephone number and any urgent medical needs. Be sure to also write your pet's name, your name and contact information on your pet's carrier.
- The ASPCA recommends microchipping your pet as a more permanent form of identification.
- Always bring pets indoors at the first sign or warning of a storm or disaster
- Store an emergency kit and leashes as close to an exit as possible. Items to consider keeping in or near your "Evac-Pack" include:
 - Pet first-aid kit and guide book (ask your vet what to include)
 - 3-7 days' worth of canned (pop-top) or dry food (be sure to rotate every two months)
 - Disposable litter trays (aluminum roasting pans are perfect)
 - Litter or paper toweling
 - Liquid dish soap and disinfectant
 - Disposable garbage bags for clean-up
 - Pet feeding dishes and water bowls
 - Extra collar or harness as well as an extra leash
 - Photocopies and/or USB of medical records and a waterproof container with a two-week supply of any medicine your pet requires (Remember, food and medications need to be rotated out of your emergency kit—otherwise they may go bad or become useless)
- At least seven days' worth of bottled water for each pet (store in a cool, dry place and replace every two months)
- A traveling bag, crate or sturdy carrier, ideally one for each pet
- Flashlight
- Blanket
- Recent photos of your pets (in case you are separated and need to make "Lost" posters)
- Especially for cats: Pillowcase, toys, scoop-able litter
- Especially for dogs: Extra leash, toys and chew toys, a week's worth of cage liner



Yes, even your car needs an Emergency Kit!!!!

- Air pump/compressor
- Bow saw
- Bucket
- Duct tape
- Extra motor oil (1-2 quarts)
- Fire extinguisher
- Flares
- Flashlight/lantern/spotlight – with extra batteries
- Hydraulic/hi-lift jack
- Jumper cables
- Leather gloves and rubber gloves
- Maps
- Matches in a waterproof container
- Mirror (in addition to what is mounted on your vehicle)
- Multi-fit hose and a roll of rubber-weld tape – to repair a blown radiator hose
- Radiator Stop Leak / Tank sealant putty
- Rags
- Repair manual for your particular vehicle
- Rope
- Scissors; Survival Knife; machete; axe
- Shovel
- Spare Fuel
- Tarp (6'x6') – to keep yourself out of the mud and to catch small parts
- Tire pressure gauge & tire pump; fix a flat
- T-style lug wrench
- Water –vehicle (battery, radiator, washer fluid)
- Waterless hand cleaner
- WD-40/lubricant
- Whistle
- Winch kit – including straps, snatch block (pulley), shackle
- Wood or similar to provide a foundation for jack on soft surfaces
- Wrench or pliers
- Zip ties/cable ties/ Bungee cords
- **and I can imagine there are some other things you might want to add 😊**



Disaster Apps for Your Digital Go Bag

<https://sis.nlm.nih.gov/dimrc/disasterapps.html>

August 29, 2016

BlueEssentialsSM BULLETIN: A New Pharmacy Network for Individual ACA Plans

Effective Oct. 1, 2016, all BlueEssentialsSM individual and family Affordable Care Act (ACA) plan members must fill prescriptions at a pharmacy in the Advanced Choice Pharmacy Network. This will impact current members, as well as members with new plans sold with effective dates of Oct. 1 and beyond. Exclusive pharmacy networks are a necessary step toward controlling prescription drug costs that continue to trend upward.

We want to make sure our members understand their health plans and get the most out of their pharmacy benefits. The new network of pharmacies includes access to CVS, Walmart, Sam's Club, Costco, Kroger, Publix, K-Mart, Long's Drugs, Bi-Lo and Winn-Dixie pharmacies plus various other grocers and independent pharmacies.

It is important to note, however, that Walgreens and Rite-Aid are not in the Advanced Choice Pharmacy Network. We will not cover prescription drugs purchased out of network. If a member is currently using a pharmacy that will be out of network effective Oct. 1, our customer service team is ready to help them transition to a network pharmacy. Beginning this week, Caremark will send letters to members who have filled a prescription at one of the non-network pharmacies in the past six months. Caremark is an independent company that provides pharmacy benefits management on behalf of BlueCross.

The list of network pharmacies will be updated on www.SouthCarolinaBlues.com prior to the change going into effect. As always, we encourage members to log in to My Health Toolkit® for the most up-to-date list of in-network pharmacies.

Bulletin from: BlueCross BlueShield of South Carolina is an independent licensee of the Blue Cross and Blue Shield Association.

Bulletin on Zika: Message to Myrtle Beach Area Chamber of Commerce Members:

By now many of you may have heard the news of a confirmed case of the Zika virus in the Myrtle Beach area. We wanted to make you aware of the situation and the action we took in response.

- First and foremost, we are thankful this case was not locally generated but contracted in another state. Our thoughts and prayers go out to the household impacted as we wish them a quick and easy recovery. We understand this to be a single, isolated case of travel-related Zika in a residential area and therefore no cause for alarm.
- Secondly, we're thankful for the swift and proactive response of Horry County and the City of Myrtle Beach, along with S.C. DHEC, who have been preparing for months to be on alert and ready to minimize the impact of Zika in the event the virus showed up in our area. We applaud the governmental agencies on their preparedness plan, which gives us confidence they recognize the seriousness of this threat and will continue to be vigilant, not only about this case, but in their efforts to ensure Myrtle Beach area residents and visitors are safe and well-informed about all Zika-related issues.
- We're working with county and state officials to make sure no one is misinformed.
- As well, we are communicating with the news media to stay abreast of any new developments and to gather and proactively provide any information we can share with our members and stakeholders.
- While we're relieved that this case is isolated and contained, today's news does make the case that everyone, particularly travelers, must be diligent about protecting themselves and their families by understanding the dangers and the symptoms associated with this public health concern. Because it is possible to unknowingly carry the disease, we seek your help in spreading the word to travelers who may have been exposed to err on the side of caution and consult their doctor.

What everyone should know:

- Zika infection during pregnancy is linked to birth defects. Pregnant women should avoid or delay travel to areas with Zika.
- Zika is primarily spread through the bite of an infected Aedes species mosquito.
- Most people infected with Zika don't even know they have it. People usually don't get sick enough to go to the hospital.
- In most cases Zika is not life-threatening.
- The best way to prevent Zika is to prevent mosquito bites. Tips include:
 - 1) Apply EPA-approved insect repellent.
 - 2) Wear pants and long-sleeve shirts that cover exposed skin. In warmer weather, wear lightweight, loose-fitting clothing that covers exposed skin.
 - 3) Use screens or close windows and doors to keep mosquitoes out of your home.
 - 4) Remove standing water in and around the home. This includes water in cans, toys, tires, plant saucers, or any container that can hold water.
 - 5) Cover trash cans or containers where water can collect.
- See a health care provider if you develop a fever, rash, joint pain, or red eyes during a trip or within 2 weeks after traveling to a place with Zika, or if you have had sexual contact with someone who has traveled.
- The Centers for Disease Control (<http://www.cdc.gov/zika/index.html>) has published information on protection against the Zika virus. We will continue to monitor this situation and keep you posted as things develop. Thanks, as always, for everything you do to ensure our residents and visitors alike, can enjoy our beautiful area without worry.

Employers: Preparedness Planning for Your Business

From the  Official website of the Department of Homeland Security

Businesses can do much to prepare for the impact of the many hazards they face in today's world including natural hazards like floods, hurricanes, tornadoes, earthquakes and widespread serious illness such as the H1N1 flu virus pandemic. Human-caused hazards include accidents, acts of violence by people and acts of terrorism. Examples of technology-related hazards are the failure or malfunction of systems, equipment or software.

Ready Business will assist businesses in developing a preparedness program by providing tools to create a plan that addresses the impact of many hazards. This website and its tools utilize an "all hazards approach" and follows the program elements within National Fire Protection Association 1600, Standard on Disaster/Emergency Management and Business Continuity Programs. NFPA 1600 is an American National Standard and has been adopted by the U.S. Department of Homeland Security.

The five steps in developing a preparedness program are Program Management, Planning, Implementation, Testing and Exercises, and Program Improvement. Find out more about the five steps on <https://www.ready.gov/business>.

If you need more help getting a business or organization prepared, please use the new [Business Continuity Planning Suite](#) (ZIP Archive - 13 Mb: PC Compatible) developed by DHS' National Protection and Programs Directorate and FEMA.

This software was created for any business with the need to create, improve, or update its business continuity plan. The Suite is scalable for optimal use by organizations of any size and consists of a business continuity plan (BCP) training, automated BCP and disaster recovery plan (DRP) generators, and a self-directed exercise for testing an implemented BCP. Businesses can utilize this solution to maintain normal operations and provide resilience during a disruption.

<https://www.ready.gov/business-continuity-planning-suite>



Some Tips for Business Owners from: The South Carolina Emergency Management Division

<http://www.scemd.org/business>

Business owners should develop a recovery plan for their business by taking the following precautions:

- Include emergency preparedness information in company newsletters, company intranet, employee emails or other company communication tools.
- Consider a telephone calling tree or a voice recording to communicate with employees during an emergency.
- Designate an out-of-town number where employees can leave an, "I'm okay" message during a catastrophic disaster.
- If you have employees with disabilities or functional needs, talk with them about what their needs may be during a disaster.
- Plan for payroll continuity.
- Review and practice what you and your employees intend to do during and after an emergency.
- Establish facility shutdown procedures.
- Establish warning and evacuation procedures.
- Make plans for assisting employees who may need transportation.
- Make plans for communicating with employees' families before and after a hurricane.
- Purchase a NOAA Weather Radio with a warning alarm tone and battery backup.
- Survey your facility. Make plans to protect outside equipment and structures.
- Check if your phone system will work without electricity. If not, have at least one phone line that can operate without electricity.
- Make plans to protect windows. Permanent storm shutters offer the best protection. Covering windows with plywood is a second option.
- Consider the need for backup systems such as portable pumps to remove floodwater and generators to provide emergency power.
- Prepare to move records, computers and other items within your facility or to another location.
- Consider how to recover any digital data if there is a significant power outage or if computers and servers are damaged. Keep tax and payroll records, records of inventory and essential information at an alternate site.
- Establish an alternate operating location and back-up suppliers.
- Maintain three to five days of inventory. If a disaster occurs, the loss isn't as great.

Additional Resources: [South Carolina Department of Commerce/ U.S. Small Business Administration Disaster Preparedness Tools/FEMA - Emergency Management Guide for Business and Industry/Ready.gov - Emergency Planning Tips for Business](#)

Seniors the American Red Cross has seven tips for you to do now to prepare for an emergency situation! <http://www.redcross.org/prepare/location/home-family/seniors>

The Importance of a Personal Support Network

The American Red Cross recommends that senior citizens create a personal support network made up of several individuals who will check in on you in an emergency, to ensure your wellness and to give assistance if needed. This network can consist of friends, roommates, family members, relatives, personal attendants, co-workers and neighbors. Ideally, a minimum of three people can be identified at each location where you regularly spend time, for example at work, home, school or volunteer site.

There are seven important items to discuss and implement with a personal support network:

- 1 Make arrangements, prior to an emergency, for your support network to immediately check on you after a disaster and, if needed, offer assistance.
- 2 Exchange important keys.
- 3 Show them where you keep emergency supplies.
- 4 Share copies of your relevant emergency documents, evacuation plans and emergency health information card.
- 5 Agree on and practice methods for contacting each other in an emergency. Do not count on the telephones working.
- 6 You and your personal support network should always notify each other when you are going out of town and when you will return.
- 7 The relationship should be mutual. You have a lot to contribute! Learn about each other's needs and how to help each other in an emergency. You might take responsibility for food supplies and preparation, organizing neighborhood watch meetings and interpreting, among other things.

Other Tips:

Medications and Medical Supplies <https://www.ready.gov/seniors>

- If you take medicine or use a medical treatment on a daily basis, be sure you have what you need to make it on your own for at least a week, maybe longer.
- Keep written copies of your prescriptions, over-the-counter medications and orders for medical equipment, including dosage, treatment and allergy information in your emergency kit. Also consider keeping electronic copies of this information on a flash drive. This could be useful for others even if you don't personally use a computer often.
- If you are able to obtain an emergency supply of prescription medications or consumable medical supplies, be sure to establish a plan for rotating your supply so it remains up-to-date.
- If you can't easily obtain emergency supplies, talk to your pharmacist or doctor about what else you can do to prepare.
- If you are unable to obtain an emergency supply, be sure to always fill prescriptions on the first day you become eligible for a refill, rather than waiting until the day you run out.
- If you undergo routine treatments administered by a clinic or hospital or if you receive regular services such as home health care, treatment or transportation, talk to your service provider about their emergency plans. Work with them to identify back-up service providers and incorporate them into your personal support network.
- Consider other personal needs such as eyeglasses, hearing aids and hearing aid batteries, wheelchair batteries and oxygen.

Emergency Documents <https://www.ready.gov/seniors>

- Include copies of important documents in your emergency supply kits such as family records, medical records, wills, deeds, social security number, charge and bank accounts information and tax records.
- Have copies of your medical insurance and Medicare cards readily available.
- Get copies and maintain electronic versions of health records from doctors, hospitals, pharmacies and other sources and store them, for personal reference. HHS provides an online tool intended to help people locate and access their electronic health records from a variety of sources. <http://healthit.gov/bluebutton>
- Keep a list of the style and serial number of medical devices or other life-sustaining devices. Include operating information and instructions.
- Make sure that a friend or family member has copies of these documents.
- Include the names and contact information of your support network, as well as your medical providers.
- If you have a communication disability, make sure your emergency information notes the best way to communicate with you.
- Keep these documents in a water proof container for quick and easy access.

September is also Life Insurance Month....are you covered??



"What is 'Life Insurance'

Life insurance is a protection against financial loss that would result from the premature death of an insured. The named beneficiary receives the proceeds and is thereby safeguarded from the financial impact of the death of the insured. The death benefit is paid by a life insurer in consideration for premium payments made by the insured.

BREAKING DOWN 'Life Insurance'

The goal of life insurance is to provide a measure of financial security for your family after you die. So, before purchasing a life insurance policy, consider your financial situation and the standard of living you want to maintain for your dependents or survivors. For example, who will be responsible for your funeral costs and final medical bills? Would your family have to relocate? Will there be adequate funds for future or ongoing expenses such as daycare, mortgage payments and college? It is prudent to re-evaluate your life insurance policies annually or when you experience a major life event like marriage, divorce, the birth or adoption of a child, or purchase of a major item such as a house or business.

Life insurance is a contract between an individual with an insurable interest and a life insurance company to transfer the financial risk of a premature death to the insurer in exchange for a specified amount of premium. The three main components of the life insurance contract are a death benefit, a premium payment and, in the case of permanent life insurance, a cash value account.

Death Benefit: The death benefit is the amount of money the insured's beneficiaries will receive from the insurer upon the death of the insured. Although the death benefit amount is determined by the insured, the insurer must determine whether there is an insurable interest and whether the insured can qualify for the coverage based on its underwriting."

Read more: [Life Insurance Definition | Investopedia http://www.investopedia.com/terms/l/lifeinsurance.asp#ixzz4lppC4XQx](http://www.investopedia.com/terms/l/lifeinsurance.asp#ixzz4lppC4XQx)

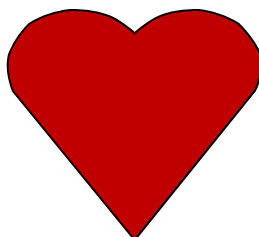
My Opinion by Patti Angulo, Customer Service Rep

There are so many reasons to have life insurance but the main one is **LOVE**. How often do we hear after a spouse has died..."I wish I knew how to survive without his/her income, I didn't know this would be so hard." or "Where am I going to get the money to help the children through college?"

It is tough enough going through the grieving process but to add the financial burdens of life to it usually causes great frustration and even anger. ***Don't let that be what you leave behind.*** Give your family the knowledge that you loved them enough to take care of them after you are gone. Life goes on for those of us left behind...food, mortgages, car payments, school or college expenses, taxes, medical insurance, doctor bills, the plumber, etc. Even your final expenses add up...hospital, doctors, mortuary, burial, creditors and the list goes on and on.

So **LOVE** those you are leaving behind...look into insurance coverage....whole or term insurance....long term care insurance...don't know what you need? That is why Client First, Inc. of South Carolina is here. We can help. **Call today for a free review of your present policy or for information on what insurance would be best for you to start.**

Call 843-449-1997 today. Wanda Soto, Agent, will take great care of you.



Client First, Inc. of South Carolina Offers

Individual/Family Health Insurance	Children's Plans – at birth
	Major Medical Health Programs
	High Deductible Health Plan (HDHP)
	Essential Provider Organization Plan (EPO)
	Preferred Provider Organization Plans (PPO)
	ACA Compliant
	Point of Service Plans (POS)
Senior Benefits	Short Term Major Medical Plans (STMM)
	Disability
Aging into Medicare?	Medicare Supplements
	Medicare Advantage Plans (MAPD)
	Medicare Part D Prescription Plans (PDP)
	Senior Life Insurance Policies
Individual/Family and Senior Supplemental Insurance	*Happy to assist in applying for Social Security Retirement Benefits
	*Happy to assist in applying for Medicare A and B
Life Insurance	Accidental
	Cancer
	Dental
	Hospital Indemnity
	Specified Health Event Protection
	Vision
Group and Employee Benefits	Long Term Care
	Term Life
	Universal Life
	Whole Life
Travel Insurance	Health Insurance Plans
	Dental
	Vision
	Life
Video Doctor	Supplemental
	Medical
Video Doctor	24/7 Doctor on Call Program

*******JUST A REMINDER*******

We are always adding to our product line...for individuals and for groups. Contact us today at 843.449.1997 to see how we can meet your needs.

CONTACT INFORMATION

Mailing Address: PO Box 16499 Surfside Beach, SC 29587

Physical Address: 1500 Highway 17 Bus N, The Courtyard, Suite 208 Surfside Beach, SC 29575

Office: 843.449.1997 Fax: 843.449.1994

Wanda Soto: Agent wanda@clientfirstinc.com

Patti Angulo: Customer Service patti@clientfirstinc.com

Check us out on FACEBOOK!!!

On the Web: www.clientfirstinc.com

NEED Insurance Now?? What is a Special Enrollment Period?

Now that the healthcare open enrollment is closed, this is a time outside of the open enrollment period during which you and your family have a right to sign up for health coverage. In the Marketplace, you qualify for a special enrollment period 60 days following certain life events that involve a change in family status (for example, marriage, divorce, adoption or birth of a child, moving from another state) or loss of other health coverage. Job-based plans must provide a special enrollment period of 30 days.

CALL US (843-449-1997) to discuss your specific timeframe or if you believe you will be experiencing a qualifying event where you can utilize a "special enrollment period."

OPEN Enrollment Dates Mark your Calendars

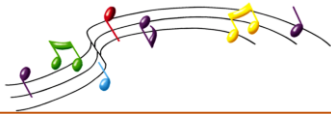
**Prescription Drug Plan
Open Enrollment
October 15– December 7, 2016**

**Affordable Care Act (Obamacare)
Open Enrollment
November 1, 2016 – January 31, 2017**

**Medicare Advantage
Disenrollment Period
January 1 – February 14, 2017**

If you are turning 65 in the near future why not let us assist you through the Medicare Supplement and Prescription Drug Maze. **Consultation is Free!**

Touching on a Sensitive Topic: If your spouse has passed away recently, please call us. Their passing may have changed your insurance coverage in some way.



Happenings around Town:

2016 Summer Concert Series in North Myrtle Beach

Every Thursday Night, 7:00 pm – 9:00 pm beginning May 19th and running until October 6th

Thursday, September 1 – Carolina Soul Band (Beach/Motown)
Thursday, September 8 – Six Stylez (Variety)
Thursday, September 15 – Midnight Allie (Variety)
Thursday, September 22 – Rick Strickland Band (R&B, Soul, Beach)
Thursday, September 29 – Hip Pocket Band (Variety)
Thursday, October 6 – Jim Quick & Coastline (Beach)

For day of event weather information call the “Rec Check” hotline at (843) 280-5594 ext. 3 or check our Facebook page: [NMBParksandRec](#).

Beach, Boogie & BBQ Festival 2016

September 2-3, 2016

HGTC - Market Common

www.visitmyrtlebeach.com/things-to-do/events

The Beach, Boogie and BBQ Festival is an Official BBQ Championship of South Carolina taking place on the 2nd and 3rd on the HGTC Market Common campus and is sanctioned by the Kansas City Barbecue Society (KCBS) with over \$8,600 in cash and prizes up for grabs by 25+ BBQ teams competing for points and lots of bragging rights! The festival will once again be a host event for the ‘250KCBS’ Meals Mission, where we will be donating around 30 cooked pork butts to a local food kitchen. Friday night is from 6:00 pm – 9:00 pm and Saturday from 12:00 pm – 6:00 pm.

Wine Down Friday

Now to October 17

Every Friday, a special afternoon of live music, wine and food on the grill. Under the cabanas and in the comfort of the fans. Plus, enjoy a guided vineyard tour (2:30), exotic wine slushies, and some all-American outdoor cooking. And \$3 glasses of wine all day. Yea!!!

ADMISSION: FREE

FOOD: – The Vineyard Grill

MUSIC: varies (1:00-5:00pm)

[La Belle Amie Vineyard](#)

1120 St. Joseph Road Little River, SC 29566

Phone: 843-399-9463

Web: www.labelleamie.com

2nd Annual SeptemberFest!

September 17, 2016 @ 12:00 pm – 4:00 pm

Barefoot Landing

Join Barefoot Landing for the 2nd Annual SeptemberFest!, Saturday, September 17th! SeptemberFest! will feature “Flavor of the Landing”, a tasting event benefitting [Lowcountry Food Bank](#) and highlighting Barefoot’s restaurants & eateries. Plus enjoy kids activities, sidewalk sales, live music, cars on display & much, much more!

9-11 Candlelight Vigil

Commemorate our loved ones that fell victim to the 9-11 attacks. The North Myrtle Beach Lions Club begins the day by welcoming individuals to the city by waving American flags on North Myrtle Beach bridges. An evening ceremony begins at 7:00 pm with ocean view backgrounds, located in the Horseshoe (end of Main Street). Rolling Thunder will ride motorcycle into the event to publicize the POW-MIA issue, followed by several color guards. After the presentation of a remembrance wreath for all fallen Americans by the North Myrtle Beach Public Safety and Fire Department join everyone on the beach for a twenty-one gun salute by the Marine Corp League. Complete silence and only a glow from the crowd’s candles light up the night as Taps is played and the dedicated wreath is taken out to sea for our fallen Americans to rest.

Date: Sunday September 11, 2016

Time: 7:00 pm

Location: Main Street and the Horseshoe; 11 S. Ocean Blvd., North Myrtle Beach, SC 29582

Drive a REAL NASCAR Stock Car with the NASCAR Racing Experience at Myrtle Beach Speedway!

Now until November 1, 2016

- Venue: Myrtle Beach Speedway
- Address: 455 Hospitality Lane Myrtle Beach, SC 29579
- Phone: [8432748648](tel:8432748648)

Drive a real NASCAR race car by yourself or take a NASCAR Ride Along around Myrtle Beach Speedway. There’s no lead car to follow, no instructor rides with you! Get in Car Radio Communications with a Spotter as you drive a real NASCAR race car for a timed racing sessions by yourself. NASCAR Racing Experience is as real as it gets! Offered daily now until November 1st. For Reservations go to <http://www.myrtlebeachspeedway.com/attractions/> or call 704-886-2400. Valid driver’s license is required to drive. More information visit www.NASCARRacingExperience.com

Surfside Beach 2nd Annual Senior Fair

September 23, 2016

10:00 AM – 3:00 PM

Surfside Beach Fire House www.surfsidebeach.org

An excellent opportunity for the seniors of Surfside Beach and surrounding areas to improve and maintain Health and Wellness.

Over 25 vendors and service providers will be on hand to provide information on various services geared towards seniors.